

# Study strategies

The following are recommended study strategies to assist you in preparing for the Final Test.

# Pick a good study spot

Choose a quiet place free of interruptions or distractions.

## Set up a study schedule

Set aside enough study time and schedule your studying over several days or a week. Try to avoid having to rush at the last minute. Several short study sessions are better than one long session.

#### **Review**

Review each lesson including the examples and practice questions. Read and reread. Try to summarize and explain without looking.

## First things first

Concentrate on the most important information and study those concepts you found most challenging.

## **Review**

Review and study your submitted units/ assessments and teacher comments.

## Make study notes

Create your own study notes as you review including a list of the important terms, definitions, major events, and characters. Create a concept map of all the key ideas in the course and identify how they connect to each other.

### **Take breaks**

Take short breaks frequently.

### **Take the Practice Test**

Study by answering the questions on the Practice Test. This test follows the same format as the final test and has similar types of questions. This will give you a sense of the types of questions found on the final test.

Take the ILC Practice Test under real-life test conditions to give you practice answering potential test questions without notes and within the allowed time.

# Create your own final test questions

For each question on the practice test, create 2-3 alternative questions that could be on the final test. Study and answer them.

## Rest before the test

Get a good night's sleep before the test. Do not stay up all night cramming for the test. A good night's sleep is important to learning and recalling information.